



LEARNING AND CAREER PATHWAY

Exercise Science

Associate in Science (AS) Degree

Placement

Enrollment in college level English and Mathematics courses requires appropriate placement as defined by AB705. All students should see a counselor for a customized Student Education Plan (SEP) before enrolling in college courses. The SEP provides students with individually appropriate course recommendations and accounts for course prerequisite sequencing.

Transfer Preparation

Associate degrees require the completion of certain general education courses. Transfer programs may require the completion of additional coursework depending on the institution. It is advisable to meet with an academic counselor for more information.

Associate Degree Course Sequence

The schedule below is based on a fall semester start and completion of appropriate prerequisites.

Fall 1st Semester	ES 209	HE 102	ES 100	MATH 091	Recommended Elective PE 211
Units (16)	3	3	2	5	3
IVC GE Req	I	IIIB	IIIC	IVA	IIIA
CSU GE-B Req					
IGETC Req					
Spring 2nd Semester	HE 104	ENGL 110	ES Activity Area 2 Recommended	HUM 100	Recommended Elective PSY 104
Units (15)	3	4	1	3	3
IVC GE Req	I	A2	II A-E	C2	D
CSU GE-B Req					
IGETC Req					
Fall 3rd Semester	BIOL 100	POLS 102	PE Activity Area 2 Recommended	PSY 101	Recommended Elective HE 106
Units (15)	4	3	2	3	3
IVC GE Req	I	D	II A-E	D	IIA
CSU GE-B Req					
IGETC Req					
Spring 4th Semester	ES 219	COMM 100	PE Activity Area 2 Recommended	HIST 120 or 121	Recommended Elective Soc 101
Units (14)	3	3	1	3	3
IVC GE Req	I + VB	VA2	IID	D	D
CSU GE-B Req					
IGETC Req					

Total Units: 60